

Trusting God and Facing our Fears
2 Timothy 1:7 Page #1190
Todd Cyphers

1. Distressing emotion concerning a threat
2. Some fear is legitimate
3. Fear is a core emotion
4. Loss, Rejection and Failure
5. Divides/distracts/destroys
6. Fear "settles in" with unbelief

F.B. Meyer - *Unbelief puts our circumstance between us and God, but faith puts God between us and our circumstances.*

James 4:1-2 - *What is the source of... conflicts...? Is not the source your pleasures that wage war in you...? ... You do not have because you do not ask.*

John 5:30 - *...I do not seek My own will, but the will of Him who sent Me.*

7. We are commanded to live above fear

Matthew 6:25-30 - *... do not be worried....You of little faith!*

Ecclesiastes 11:10 - *Banish anxiety from your heart.*

1 Peter 5:7 - *Cast all your anxiety on him because he cares for you.*

Philippians 4:6 - *Do not be anxious about anything, but in everything...present your requests to God.*

Psalms 37:7-8 - *Rest in the Lord and wait patiently for Him....Do not fret; it leads only to evildoing.*

Isaiah 40:31 - *Fear not for I am with you. Be not dismayed for I am your God. I will strengthen you....*

Psalms 34:4 - *I sought the Lord and He heard me and delivered me from all my fears.*

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1. Power - His Strength and ability
2. Love - His desire to do what is best for Him and others
3. Self-discipline - Steadiness of mind/behavior

FAITH SHEET

Transformation Scripture - *Jesus said, "This I command you, that you love one another."* (John 15:17)

Time with the Lord this week - If you have extra time look up the cross references with the Transformation Scripture.

#1- Reviewing this Past Sunday

1. Read 2 Tim 1:7. Discuss Sunday's message with someone.
2. When and where are you most fearful? Why?
3. How do you address your fears?
4. How do you use prayer and Scripture in facing fears?

2- Preparing for Sunday

1. Read Luke 19:1-10. Sermon: *The Difference Salvation Makes*
2. Who are the most despised people in our American society?
3. Where did Jesus meet Zaccheus? (1)
4. How is Zaccheus described? (2-3)
5. What is revealed about God working in Zaccheus' heart? (4)
6. What did Jesus say to Zaccheus? Why is this crucial to his salvation? (5)
7. What is revealed about Zaccheus' heart toward Jesus? (6)
8. What happened in verses 8-9 that revealed true salvation?
9. Pray for Sunday's time together and invite someone.